



Gluten Free

We are pleased to offer a range of Gluten free items however please be aware that we are not a gluten-free restaurant and cannot ensure that cross contamination will never occur. We have processes in place to minimize that happening however cannot guarantee a 100% Gluten free environment. If you are a Celiac and/or highly sensitive please advise the person taking your order.



STARTERS

ROASTED GARLIC AND CHEESE COBB LOAF	\$7.5
CRISPY CAULIFLOWER BITES Served with spicy capsicum dipping sauce and a petit salad	\$10.5
FOUNDERS FRIED CHICKEN BITES Served with aioli dipping sauce and a petit salad	\$13.5
HOUSE MADE MAC & CHEESE CROQUETTES With a spicy buffalo mayo dipping sauce and petit salad	\$13.5
HOUSE MADE ARANCINI BALLS (3) See specials board for today's option. Served with tomato relish and a petit salad	\$13.5
CRISPY POTATO SKINS Topped with cheese, bacon, salami, onion and bbq sauce	\$13.5
PULLED PORK SLIDERS (2) Topped with pulled pork, house made slaw and bbq sauce	\$13.5

SALADS & BOWLS

LOADED NACHOS Pulled pork served on a bed of corn chips topped with cheese, salsa, sour cream and guacamole	\$16.5
SALT AND PEPPER CALAMARI Snap fried calamari on a lettuce, feta, carrot, semi-sundried tomato, cucumber and spanish onion salad drizzled with a dill dressing	\$19.5
FRESH MEX BOWL Grilled corn, black beans, avocado, ice berg lettuce, house made tomato salsa, cheese, brown rice topped with corn chips and chipotle mayo.	\$19.5
THAI BEEF SALAD Fried spicy beef with lettuce, tomato, spanish onion, cucumber and carrot with a light thai dressing & sweet chilli mayo	\$19.5
BABY BEET AND COUSCOUS SALAD Moroccan spiced pumpkin, baby beetroot, brown rice, spinach, red onion & chick peas topped with an orange vinaigrette	\$19.5
SUMMER SUNSHINE BUDDHA BOWL Sunflower seeds, avocado, spinach, carrot, chickpeas, chopped red cabbage, roasted sweet potato & brown rice topped with a honey & peanut dressing	\$19.5

Want to make it a Main meal? Add extra Thai Beef, Calamari, Grilled Chicken or Pulled Pork to any salad for \$5

VEGETARIAN, GLUTEN FREE VEGETARIAN & VEGAN OPTIONS AVAILABLE
PLEASE INFORM OUR FRIENDLY STAFF OF ANY DIETARY ALLERGIES OR INTOLERANCE



FOUNDERS & CO

MAINS

ROAST OF THE DAY

See specials board for today's roast. Served with vegetables, chat potatoes

\$22.5

CHICKEN SCHNITZEL

Served with salad and fries or vegetables with gravy

\$22.5

GRILLED FLAKE

Served with lemon, tartar sauce, salad or vegetables

\$25.5

CHICKEN PARMIGIANA

Served with salad and fries or vegetables

\$25.5

BANG BANG SATAY CHICKEN

With carrots, baby corn, bean shoots & bok choy served on jasmine rice and topped with crushed peanuts

\$23.5

BEEF AND BLACK BEAN STIR FRY

With beans, carrots, broccoli, bok choy, bean shoots, capsicum and hokkien noodles

\$24.5

SOUTHERN FRIED CHICKEN BURGER

Crispy Southern Fried Chicken with bacon, cheese, lettuce, tomato and spicy texan mayo.

Served with a side of fries and Texan mayo dipping sauce.

Feeling Peckish? Double Chicken, Bacon and Cheese \$26

\$19.50

ATLANTIC SALMON

Pan fried Atlantic Salmon served on a bed of garlic and herb sweet potato, green beans and flaked almonds topped with a house made salsa verde

\$27.5

SEAFOOD RISOTTO

Prawns, scallops, mussels, calamari, spring onion, spinach, peas and capsicum.

\$28.5

VEGETARIAN, GLUTEN FREE VEGETARIAN & VEGAN OPTIONS AVAILABLE
PLEASE INFORM OUR FRIENDLY STAFF OF ANY DIETARY ALLERGIES OR INTOLERANCE



MAINS

BBQ BRAISED BEEF CHEEK \$28.0
Served with crispy fried sweet potato, crispy housemade slaw and sour cream

CAJUN STUFFED CHICKEN BREAST \$29.5
Grilled chicken breast filled with chopped red and green capsicum, onion & cheese, topped with salsa and jalapenos. Served with salad or vegetables

KING RACK OF PORK RIBS \$35.5
Slow cooked in our Founders secret sauce topped with onion rings and served with salad and fries or vegetables

300G PORTERHOUSE \$28.5
Cooked to your liking served with salad or vegetables and garlic butter.

300G SCOTCH FILLET \$31.5
Cooked to your liking served with salad or vegetables and garlic butter.

SURF AND TURF \$37.5
A founders classic, scotch fillet cooked to your liking topped with prawns and scallops in a creamy garlic sauce served with salad or vegetables.

SIDES

BOWL OF CHIPS \$6.5

BOWL OF MIXED VEGETABLES \$6.5

EXTRA SAUCES – \$1.0

Gravy, Pepper Sauce, Mushroom Sauce, Garlic Butter, Buffalo Mayo, Sweet Chilli Mayo, Texan Mayo, Regular Mayo, Tomato Sauce, BBQ Sauce & Aioli



FOUNDERS & CO

DESSERTS

STICKY DATE PUDDING

Served with cream and strawberries

\$9.0

HOUSE MADE PEANUT BUTTER MOUSSE

Topped with a chocolate and crushed peanut crumb

\$9.0

ETON MESS

House made meringue served with whipped cream, strawberries and raspberry sauce

\$9.0

SWEET CRUSH DESSERTS CHEESECAKE

Today's cheesecake special served with cream and strawberries

\$9.0

VEGETARIAN, GLUTEN FREE VEGETARIAN & VEGAN OPTIONS AVAILABLE
PLEASE INFORM OUR FRIENDLY STAFF OF ANY DIETARY ALLERGIES OR INTOLERANCE

YOUNG EXPLORERS

All young explorer meals are \$9

CHICKEN NUGGETS

NACHOS

TOPPED WITH SALSA, SOUR CREAM AND GUACAMOLE

CHICKEN PARMIGIANA

CHICKEN SCHNITZEL

BATTERED FLAKE

All young explorer meals come with your choice of salad and fries or vegetables

KIDS MEAL DEAL

Young explorers meal deal includes one main young explorers meal, one soft drink and one ice cream with topping or snakes and sprinkles for just \$11

VEGETARIAN, GLUTEN FREE VEGETARIAN & VEGAN OPTIONS AVAILABLE
PLEASE INFORM OUR FRIENDLY STAFF OF ANY DIETARY ALLERGIES OR INTOLERANCE