



FOUNDERS & CO



## STARTERS

<b>ROASTED GARLIC AND CHEESE COBB LOAF</b>	\$7.5
<b>CRISPY CAULIFLOWER BITES</b> Served with spicy capsicum dipping sauce and a petit salad	\$9.5
<b>FOUNDERS FRIED CHICKEN BITES</b> Served with aioli dipping sauce and a petit salad	\$13.5
<b>HALLOUMI FRIES</b> With a spicy buffalo mayo dipping sauce and petit salad	\$13.5
<b>HOUSE MADE ARANCINI BALLS</b> See specials board for today's option. Served with tomato relish and a petit salad	\$13.5
<b>CRISPY POTATO SKINS</b> Topped with bacon, cheese and sweet chilli sauce and served with a side of sour cream	\$13.5

## SALADS & BOWLS

<b>LOADED NACHOS</b> Pulled pork served on a bed of corn chips topped with cheese, salsa, sour cream and guacamole	\$16.5
<b>SALT AND PEPPER CALAMARI</b> Snap fried on a lettuce, feta, carrot, semi-sundried tomato, cucumber, spanish onion salad drizzled with a dill dressing	\$19.5
<b>FRESH MEX BOWL</b> Grilled corn, black beans, avocado, ice berg lettuce, house made tomato salsa, cheese, brown rice topped with corn chips and chipotle mayo.	\$19.5
<b>THAI BEEF SALAD</b> Fried spicy beef with lettuce, tomato, spanish onion, cucumber and carrot with a light thai dressing & sweet chilli mayo	\$19.5
<b>WARM WINTER VEGAN BOWL</b> Pan fried falafel, pumpkin, chickpeas, spinach, mushrooms, tofu, almonds and brown rice topped with a vegan roasted red capsicum dressing	\$19.5
<b>NOURISH BOWL</b> Grilled corn, black beans, avocado, roasted mushrooms, kale, grilled halloumi, sweet potato & black rice, drizzled with our spicy buffalo mayo	\$19.5

*Want to make it a Main meal? Add extra Thai Beef, Calamari, Grilled Chicken or Pulled Pork to any salad for \$5*

VEGETARIAN, GLUTEN FREE VEGETARIAN & VEGAN OPTIONS AVAILABLE  
PLEASE INFORM OUR FRIENDLY STAFF OF ANY DIETARY ALLERGIES OR INTOLERANCE



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## MAINS

### ROAST OF THE DAY

See specials board for today's roast. Served with vegetables, chat potatoes and gravy

\$22.5

### CHICKEN SCHNITZEL

Served with salad and fries or vegetables with gravy

\$22.5

### BEER BATTERED FLAKE

Served with lemon, tartar sauce, salad and fries

\$25.5

### CHICKEN PARMIGIANA

Served with salad and fries or vegetables

\$25.5

### CHICKEN RISOTTO

Grilled chicken, roasted pumpkin, charcoal grilled capsicum, baby spinach and pine nuts with a hint of garlic blended through a creamy risotto topped with parmesan cheese.

\$27.5

### HONEY SOY CHICKEN STIR FRY

With beans, carrots, broccoli, bok choy, bean shoots, baby corn, cashews and hokkien noodles

\$23.5

### CREAMY BASIL GNOCCHI

House made gnocchi with sweet potato, pumpkin, spinach, almonds topped with crispy prosciutto

\$23.5

### BBQ BEEF BURGER

Juicy beef patty, egg, bacon, cheese, lettuce, tomato, pineapple and smokey BBQ Sauce topped with crispy onion rings

\$24.0

### SENSORY SALMON

Pan fired Atlantic Salmon served on a bed of sauteed pumpkin, pine nuts and spinach topped with a tangy lemon mayonnaise

\$27.5

### RED THAI SEAFOOD CURRY

Fish, prawns, scallops, spring onion, spinach and bean shoots served with jasmine rice and topped with crispy papadums

\$27.5

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## MAINS

### **SLOW COOKED BEEF CHEEK**

served on a tomato, pumpkin, sweet potato, chick pea, capsicum and spinach tagine

\$28.0

### **BACON WRAPPED STUFFED CHICKEN BREAST**

Grilled chicken breast filled with camembert cheese and avocado then wrapped in bacon and topped with a creamy mustard sauce. Served with fries and salad or vegetables

\$29.5

### **KING RACK OF PORK RIBS**

Slow cooked in our Founders secret sauce served with salad and fries or vegetables

\$33.5

### **400G T-BONE STEAK**

Cooked to your liking served with salad and fries or vegetables and your choice of mushroom sauce, garlic butter, pepper sauce or gravy.

\$23.5

### **300G SCOTCH FILLET**

Cooked to your liking served with salad and fries or vegetables and your choice of mushroom sauce, garlic butter, pepper sauce or gravy.

\$31.5

### **SURF AND TURF**

A founders classic, scotch fillet cooked to your liking topped with prawns and scallops in a creamy garlic sauce served with salad and fries or vegetables.

\$36.5

## DESSERTS

### **STICKY DATE PUDDING**

Served with cream and strawberries

\$8.5

### **HOUSE MADE CHOCOLATE MOUSSE**

Served with cream and strawberries

\$8.5

### **SELF SAUCING CHOCOLATE LAVA CAKE**

Served with ice cream and strawberries

\$8.5

### **NUTELLA FILLED FRIED DOUGHNUTS**

Served with ice cream, hazelnuts and drizzled in chocolate sauce

\$8.5

### **LEMON MERINGUE PIE**

Served with cream and strawberries

\$8.5

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## YOUNG EXPLORERS

*All young explorer meals are \$9*

CHICKEN NUGGETS

NACHOS

CHICKEN PARMIGIANA

CHICKEN SCHNITZEL

BATTERED FLAKE

*All young explorer meals come with your choice of salad and fries or vegetables*

### **KIDS MEAL DEAL**

Young explorers meal deal includes one main young explorers meal, one soft drink and one ice cream with topping or snakes and sprinkles for just \$11

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