

Lunch

Gluten Free

We are pleased to offer a range of Gluten free items however please be aware that we are not a gluten-free restaurant and cannot ensure that cross contamination will never occur. We have processes in place to minimize that happening however cannot guarantee a 100% Gluten free environment. If you are a Celiac and/or highly sensitive please advise the person taking your order



FOUNDERS & CO

Serving between 11.30-2

To Start

ROASTED GARLIC AND CHEESE COBB LOAF	\$7.50
CRISPY CAULIFLOWER BITES Served with a spicy capsicum dipping sauce and a petit salad	\$8.50
FOUNDERS FRIED CHICKEN Served with aioli dipping sauce and a petit salad	\$13.50
GRILLED HALLOUMI Served with a spicy buffalo mayo dipping sauce and petit salad	\$13.50
CRISPY POTATO SKINS Topped with bacon, cheese, sweet chilli sauce and served with a side of sour cream	\$13.50
HOUSE MADE ARANCINI BALLS See specials board for today's option. Served with tomato relish and a petit salad	\$13.50

Bowls/Salads

LOADED NACHOS Pulled pork served on a bed of corn chips topped with cheese, salsa, sour cream and guacamole	\$16.50
THAI BEEF SALAD Fried spicy beef with lettuce, tomato, spanish onion, cucumber and carrot with a light thai dressing and sweet chilli mayo	\$19.50
SALT AND PEPPER CALAMARI Snap fried calamari on a lettuce, feta, carrot, semi-sundried tomato, cucumber and spanish onion salad drizzled with a dill dressing	\$19.50
FRESH MEX BOWL Grilled corn, black beans, avocado, ice berg lettuce, house made tomato salsa, cheese, brown rice topped with corn chips and chipotle mayo.	\$19.50
WARM WINTER VEGAN BOWL Pan fried falafel, pumpkin, chickpeas, spinach, mushrooms, tofu, almonds and brown rice topped with a vegan roasted red capsicum dressing	\$19.50
NOURISH BOWL Grilled corn, black beans, avocado, roasted mushrooms, kale, grilled halloumi, sweet potato & black rice drizzled with our spicy buffalo mayo	\$19.50

Want to make it a main meal? Add extra Thai Beef, Calamari, Grilled Chicken or Pulled Pork to any salad for \$5

Mains

CHICKEN PARMIGIANA Served with salad and fries or vegetables	\$19.50
ROAST OF THE DAY See specials board for today's roast. Served with vegetables, chat potatoes	\$19.50
CHICKEN SCHNITZEL Served with salad and fries or vegetables with gravy	\$16.50
GRILLED FLAKE Served with lemon, tartar and salad or vegetable and chat potatoes	\$19.50
BREKKY BURGER Crispy bacon, egg, swiss cheese, hashbrown and tomato relish served on a brioche bun	\$16.50
SOUTHERN FRIED CHICKEN BURGER Crispy southern fried chicken with bacon, swiss cheese, lettuce, tomato and spicy texan mayo served on a brioche bun	\$19.50
FOUNDERS WRAP Toasted flour tortilla with crispy chicken, baby cos lettuce, tomato, spanish onion, mozzarella cheese and sweet chilli mayo	\$19.50
CHICKEN, BACON AND AVO SALAD Grilled chicken, bacon, avocado, baby cos lettuce, cheese and aioli dressing	\$19.50
HONEY SOY CHICKEN STIR FRY With beans, carrots, broccoli, bok choy, bean shoots, baby corn, cashews and hokkien noodles	\$22.50
SENSORY SALMON Pan fried Atlantic Salmon served on a bed of sauteed pumpkin, pine nuts and spinach topped with a tangy lemon mayonnaise	\$27.50

Do you have a seniors card? Ask our friendly staff about our \$15 Seniors options

KING RACK OF PORK RIBS Slow cooked in our founders secret sauce served with salad and fries or vegetables	\$33.50
400G T-BONE STEAK Cooked to your liking served with salad or vegetables and your choice of garlic butter	\$23.50
300G SCOTCH FILLET Cooked to your liking served with salad or vegetables and garlic butter	\$31.50
SURF AND TURF A founders classic, scotch fillet cooked to your liking topped with prawns and scallops in creamy garlic sauce served with salad or vegetables	\$36.50

Young Explorers

All young explorer meals are \$9

- CHICKEN NUGGETS
- NACHOS
- CHICKEN PARMIGIANA
- CHICKEN SCHNITZEL
- GRILLED FLAKE

All young explorer meals come with your choice of salad and fries or vegetables

YOUNG EXPLORERS MEAL DEAL

Young explorers meal deal includes one main young explorers meal, one soft drink and one ice cream with topping or snakes and sprinkles for just \$11