

# Lunch

Serving between 11.30–2

## To Start

<b>ROASTED GARLIC AND CHEESE COBB LOAF</b>	\$7.50
<b>POPCORN CHICKEN BITES</b> Served with sweet chilli mayo dressing and a petit salad	\$13.50
<b>HALLOUMI FRIES</b> Served with a spicy buffalo mayo dipping sauce and petit salad	\$13.50
<b>LOADED NACHOS</b> Pulled pork served on a bed of corn chips topped with cheese, salsa, sour cream and guacamole	\$13.50
<b>HOUSE MADE ARANCINI BALLS</b> See specials board for today's option. Served with tomato relish and a petit salad	\$13.50

## Salads

<b>THAI BEEF SALAD</b> Fried spicy beef with lettuce, tomato, spanish onion, cucumber and carrot with a light thai dressing and sweet chilli mayo	\$19.50
<b>SALT AND PEPPER CALAMARI</b> Snap fried calamari on a lettuce, feta, carrot, semi-sundried tomato, cucumber and spanish onion salad drizzled with a dill dressing	\$19.50
<b>NOURISH BOWL</b> Grilled corn, black beans, avocado, roasted mushrooms, kale, grilled halloumi, sweet potato & black rice drizzled with our spicy buffalo mayo	\$19.50
<b>GREEN FALAFEL SALAD</b> Pan fried falafel with brown rice and quinoa, roma tomato, cucumber, avocado, walnuts, feta, onion and a lime tahini dressing	\$19.50

*Want to make it a main meal? Add extra Thai Beef, Calamari, Grilled Chicken or Pulled Pork to any salad for \$5*

## Mains

<b>CHICKEN PARMIGIANA</b> Served with salad and fries or vegetables	\$19.50
<b>ROAST OF THE DAY</b> See specials board for today's roast. Served with vegetables, chat potatoes and gravy	\$19.50
<b>CHICKEN SCHNITZEL</b> Served with salad and fries or vegetables with gravy	\$16.50
<b>BEER BATTERED FLAKE</b> Served with lemon, tartar, salad and fries	\$19.50
<b>PULLED PORK BURGER</b> BBQ pulled pork with bacon, swiss cheese, apple and fennel slaw served on a brioche bun	\$19.50
<b>FOUNDERS WRAP</b> Toasted flour tortilla with crispy chicken, baby cos lettuce, tomato, spanish onion, mozzarella cheese and sweet chilli mayo	\$19.50
<b>CHICKEN CAESAR WRAP</b> Toasted flour tortilla with grilled chicken, fried egg, baby cos lettuce, bacon, parmesan cheese and Caesar dressing	\$19.50
<b>SPECIAL FRIED RICE</b> Fried rice of grilled chicken, chorizo, peas, carrot, spring onion and topped with a fried egg	\$22.50
<b>SENSORY SALMON</b> Pan fried Atlantic Salmon served on a bed of sauteed pumpkin, pine nuts and spinach topped with a tangy lemon mayonnaise	\$27.50

Do you have a seniors card? Ask our friendly staff about our \$15 Seniors options



FOUNDERS & CO

<b>KING RACK OF PORK RIBS</b> Slow cooked in our founders secret sauce served with salad and fries or vegetables	\$33.50
<b>400G T-BONE STEAK</b> Cooked to your liking served with salad and fries or vegetables and your choice of mushroom sauce, garlic butter, pepper sauce or gravy	\$23.50
<b>300G SCOTCH FILLET</b> Cooked to your liking served with salad and fries or vegetables and your choice of mushroom sauce, garlic butter, pepper sauce or gravy	\$31.50
<b>SURF AND TURF</b> A founders classic, scotch fillet cooked to your liking topped with prawns and scallops in creamy garlic sauce served with salad and fries or vegetables	\$36.50

## Young Explorers

All young explorer meals are \$9

**CHICKEN NUGGETS**  
**NACHOS**  
**CHICKEN PARMIGIANA**  
**CHICKEN SCHNITZEL**  
**BATTERED FLAKE**

All young explorer meals come with your choice of salad and fries or vegetables

**YOUNG EXPLORERS MEAL DEAL**  
Young explorers meal deal includes one main young explorers meal, one soft drink and one ice cream with topping or snakes and sprinkles for just \$11