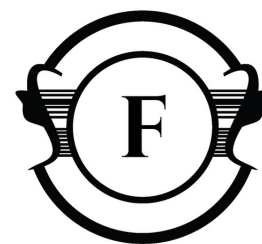


Dinner

Gluten
Free

We are pleased to offer a range of Gluten free items however please be aware that we are not a gluten-free restaurant and cannot ensure that cross contamination will never occur. We have processes in place to minimize that happening however cannot guarantee a 100% Gluten free environment. If you are a Celiac and/or highly sensitive please advise the person taking your order.



FOUNDERS & CO

To Start

ROASTED GARLIC AND CHEESE COBB LOAF	\$7.50
POPCORN CHICKEN BITES Served with sweet chilli mayo dressing and a petit salad	\$13.50
GRILLED HALLOUMI Served with a spicy buffalo mayo dipping sauce and petit salad	\$13.50
LOADED NACHOS Pulled pork served on a bed of corn chips topped with cheese, salsa, sour cream and guacamole	\$13.50
HOUSE MADE ARANCINI BALLS See specials board for today's option. Served with tomato relish and a petit salad	\$13.50

Salads

THAI BEEF SALAD Fried spicy beef with lettuce, tomato, spanish onion, cucumber and carrot with a light thai dressing and sweet chilli mayo	\$19.50
SALT AND PEPPER CALAMARI Snap fried calamari on a lettuce, feta, carrot, semi-sundried tomato, cucumber and spanish onion salad drizzled with a dill dressing	\$19.50
NOURISH BOWL Grilled corn, black beans, avocado, roasted mushrooms, kale, grilled halloumi, sweet potato & black rice drizzled with our spicy buffalo mayo	\$19.50
GREEN FALAFEL SALAD Pan fried falafel with brown rice and quinoa, roma tomato, cucumber, avocado, walnuts, feta, onion and a lime tahini dressing	\$19.50

Want to make it a main meal? Add extra Thai Beef, Calamari, Grilled Chicken or Pulled Pork to any salad for \$5

Mains

CHICKEN PARMIGIANA Served with salad and fries or vegetables	\$25.50
ROAST OF THE DAY See specials board for today's roast. Served with vegetables, chat potatoes and gravy	\$22.50
CHICKEN SCHNITZEL Served with salad and fries or vegetables with gravy	\$22.50
GRILLED FLAKE Served with lemon, tartar, salad or vegetables and chat potatoes	\$25.50
CHICKEN RISOTTO Grilled Chicken, roasted pumpkin, charcoal grilled capsicum, baby spinach and pine nuts with a hint of garlic blended through a creamy risotto topped with parmesan cheese	\$27.50
SEAFOOD LINGUINI Prawns, mussels, scallops and calamari tossed through olive oil and white wine	\$27.50
FLORENTINE STUFFED CHICKEN Grilled chicken breast filled with ricotta, spinach and toasted pine nuts mixture then wrapped in crispy prosciutto. Served with salad or vegetables and chat potatoes	\$29.50
SPECIAL FRIED RICE Fried rice of grilled chicken, chorizo, peas, carrot, spring onion and topped with a fried egg	\$22.50
SENSORY SALMON Pan fried Atlantic Salmon served on a bed of sauteed pumpkin, pine nuts and spinach topped with a tangy lemon mayonnaise	\$27.50

KING RACK OF PORK RIBS Slow cooked in our founders secret sauce served with salad and fries or vegetables	\$33.50
400G T-BONE STEAK Cooked to your liking served with salad or vegetables and chat potatoes and your choice of mushroom sauce, garlic butter, pepper sauce or gravy	\$23.50
300G SCOTCH FILLET Cooked to your liking served with salad or vegetables and chat potatoes and your choice of mushroom sauce, garlic butter, pepper sauce or gravy	\$31.50
SURF AND TURF A founders classic, scotch fillet cooked to your liking topped with prawns and scallops in creamy garlic sauce served with salad or vegetables and chat potatoes	\$36.50

Young Explorers

All young explorer meals are \$9

- CHICKEN NUGGETS
- NACHOS
- CHICKEN PARMIGIANA
- CHICKEN SCHNITZEL
- GRILLED FLAKE

All young explorer meals come with your choice of salad and fries or vegetables

YOUNG EXPLORERS MEAL DEAL

Young explorers meal deal includes one main young explorers meal, one soft drink and one ice cream with topping or snakes and sprinkles for just \$11